

# Sensorimotor Psychotherapy Institute



*Only one therapy I  
know of reaches as  
deeply into the body as  
it does into the mind,  
and by reaching for  
both, touches the soul.*

*-Ron Kurtz*

## Why Sensorimotor Psychotherapy?

Do you struggle to help numb, disconnected clients who can't feel emotion or explore inner experience? Do your clients get 'stuck' in overwhelming emotions and self-destructive impulses rather than resolving the trauma? Do you believe that the body 'holds the legacy of trauma,' but lack the skills to address the somatic effects of painful past experience?

This 80-hour training in Affect Regulation, Attachment, and Trauma equips therapists to make sense of the symptoms and issues of traumatized clients and to work with them in a more effective way. With a better understanding of how trauma is remembered and equipped with interventions that speak directly to how post-traumatic issues are driven by the body and the nervous system, you will discover new and deeper ways of helping clients resolve the traumatic past.

## Sensorimotor Psychotherapy for the Treatment of Trauma

Utrecht, Netherlands | Taught by:



Tony  
Buckley  
BA  
Hons



Esther  
Perez  
MA  
LMFT



Hanneke  
Kalisvaart  
PhD

**5% Discount for Applications Received by August 7, 2020!**

**Training Dates:**

November 2-4, 2020  
December 7-9, 2020  
February 8-10, 2021  
April 19-21, 2021

**Location:**

Fundatie van de Vrijvrouwe  
Agnietenstraat 5  
Utrecht 3512 XA

**Tuition:**

€2700 + €500 deposit  
(€266,66/day)  
Includes catered lunch and  
coffee, water, tea for each  
training day.

**Local Organizer: Anneke Vinke, PhD | [training@adoptiepraktijk.nl](mailto:training@adoptiepraktijk.nl)**

**Apply online at [www.sensorimotor.org](http://www.sensorimotor.org)**