



# FREE Medical Conference 27<sup>th</sup> Managing Osteoporosis **CONFERENCE 2019**

Monday 9<sup>th</sup> December 2019 Bournemouth

The following companies have given funding towards the cost of this meeting but have no input into the agenda or content. Staff from these companies will be present at the meeting and may have a stand promoting their products:

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*Lilly*

  
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CONSILIENT HEALTH Ltd.

**Attend the conference and gain CPD points**

[www.osteodorset.org.uk/managing-osteoporosis-conference](http://www.osteodorset.org.uk/managing-osteoporosis-conference)

**OD** Osteoporosis  
Dorset  
prevention through education

11 Shelley Road, Bournemouth  
Dorset, BH1 4JQ  
Phone 01202 443064  
Registered Charity No: 1023507

**Annual medical conference**

**Day one**

# FREE Medical Conference 27<sup>th</sup> Managing Osteoporosis CONFERENCE 2019

A free medical meeting for NHS Medical staff  
working in the South

Education Centre, The Royal Bournemouth Hospital  
Castle Lane East, Bournemouth, BH7 7DW

DATE: Monday 9<sup>th</sup> December 2019  
TIME: 9:20am - 5:00pm (registration from 8:15am)

CPD 6 Credits (code: 128222)  
GP Tutor Accredited Education (A-0875)



## Annual medical conference

## Day one

Osteoporosis Dorset looks forward to welcoming you to Bournemouth for the 27<sup>th</sup> Managing Osteoporosis Conference taking place at the Education Centre in The Royal Bournemouth Hospital on 09<sup>th</sup> December 2019. The conference will provide an innovative and dynamic programme, hosted by the Rheumatology Team in Dorset.

### Unique conference will give you:

- An unrivalled opportunity to increase your knowledge in bone disease
- Learn from internationally renowned experts about cutting-edge advances in osteoporosis and bone disease
- An opportunity to ask questions from key experts. Interact and network with a large multidisciplinary audience, exchange ideas and experiences and discover how to tackle complex clinical challenges
- An unmissable event for personal and professional development

So please join us, learn from internationally renowned experts and update your personal Continuing Professional Development records.



### 3 EASY WAYS TO BOOK YOUR FREE PLACE



Complete and return the registration form



01202 443064



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# Annual medical

# conference

## Day one

08:15 *Registration in reception and coffee and tea in exhibition room*

09:20 **Welcome / Introduction**  
*Dr Tim Battcock, Poole Hospital*

### PLENARY SESSION ONE

CHAIR: Dr Tim Battcock, Poole Hospital

09:30 **Keynote address**  
**"The Treatment Gap" – Why are bisphosphonates not being used to prevent fractures**  
*Professor Cyrus Cooper, Director of the MRC Lifecourse Epidemiology Unit, Vice Dean, Professor of Rheumatology, Honorary Consultant Rheumatologist, University of Southampton, Southampton General Hospital, Southampton*

10:10 **Questions to Cyrus**

10:20 **Secondary Osteoporosis**  
*Dr Ashok Bhalla, Medical Director and Consultant rheumatologist, Royal National Hospital for Rheumatic Diseases, Upper Borough Walls, Bath*  
10:50 **Questions to Ashok**

11:00 **Clinical risk assessment**  
*Professor Eugene McCloskey, Honorary Consultant and Professor in Adult Bone Diseases, Metabolic Bone Centre, University of Sheffield*  
11:30 **Questions to Eugene**

11:40 *Coffee and tea break and homemade cakes in exhibition room*

### PLENARY SESSION TWO

CHAIR: Dr Tehseen Ahmed, Royal United Hospitals Bath

12:10 **Practical guidance for use in bisphosphonates in osteoporosis**  
*Emeritus Professor Juliet Compston, Bone Medicine and Honorary Consultant Physician, University of Cambridge School of Clinical Medicine, Cambridge*  
12:40 **Questions to Juliet**

12:50 **Secondary fracture prevention**  
*Dr Kassim Javaid, University Lecturer in Metabolic Bone Disease, Nuffield Department of Orthopaedics, Rheumatology and Musculoskeletal Sciences, University of Oxford*

13:20 **Questions to Kassim**

13:25 *Hot lunch in exhibition room*

### PLENARY SESSION THREE

CHAIR: Dr Fouz Rahmeh, Poole Hospital

14:25 **Early onset osteoporosis, including anorexia**  
*Dr Emma Clark, Consultant Senior Lecturer, Academic Rheumatology, Musculoskeletal Research Unit, University of Bristol*  
14:45 **Questions to Emma**

14:50 **Diet and aging**  
*Professor Jane Murphy, professor of nutrition, Bournemouth University, Bournemouth*  
15:20 **Questions to Jane**

15:25 *Coffee and tea break and homemade cakes in exhibition room*

15:45 **Physiotherapy after a vertebral fracture – what works and what's safe**  
*Professor Karen Barker, Professor of Physiotherapy at the Nuffield Department of Orthopaedics, Rheumatology and Musculoskeletal Sciences (NDORMS) at the University of Oxford*  
16:15 **Questions to Karen**

16:20 **Clinical interpretation on DXA**  
*Ms Jane Raleigh, Service Delivery Lead, Royal Osteoporosis Society, Bath*  
16:50 **Questions to Jane**

16:55 **Discussion and close of conference**

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BOOK**

**Online at:**

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managing-osteoporosis-conference](http://www.osteodorset.org.uk/managing-osteoporosis-conference)

**Telephone:**

01202 443064

**Email this form to:**

[mail@osteodorset.org.uk](mailto:mail@osteodorset.org.uk)

**Fax form to:**

01202 443065

### Delegate Details (There is no charge to attend this conference):

Title (Dr, Mr, Ms etc)

Forenames

Surname

Job Title

Address (work)

Postcode

Telephone (day)

E-mail

Special Dietary Requirements