**PROGRAMMA
Workshop Michael Hase**

**4 oktober 2019**

08-30 – 09:00 uur Registratie en ontvangst koffie/thee
09:00 – 10:30 uur Recent findings regarding depression and results from the EDEN multicenter RCT on EMDR in the treatment of Depression
10:30 – 13:00 uur The EMDR Depression Protocol – How to do it! Theory and video demonstration
13:00 – 14:00 uur Lunch breaks
14:00 – 15:30 uur Resource Installation in the Depression Protocol – theory and practical exercises
15:30 – 17:00 uur Reprocessing of episode triggers and emories in the belief system – theory and practical exercises