

Op **DINSDAG 10 december 2019 van 16.15 - 17.30 uur** organiseren de afdeling psychiatrie LUMC en Rivierduinen een wetenschappelijke bijeenkomst in collegezaal 4, locatie K1-S, LUMC.

***Sprekers:***

Professor dr. Ad Kaptein, psycholoog, Leids Universitair Medisch Centrum

***Titel:***

Helende woorden

***Abstract:***

Growing evidence suggests that the arts may be useful in health care and in the training of health care professionals. Four art genres – novels, films, paintings and music – are examined for their potential contribution to enhancing patient health and/or making better health care providers. Based on a narrative literature review, we examine the effects of passive (e.g. reading, watching, viewing and listening) and active (e.g. writing, producing, painting and performing) exposure to the four art genres, by both patients and health care providers. Overall, an emerging body of empirical evidence indicates positive effects on psychological and physiological outcome measures in patients and some benefits to medical training. Expressive writing/emotional disclosure, psychoneuroimmunology, Theory of Mind and the Common Sense Model of Self-Regulation are considered as possible theoretical frameworks to help incorporate art genres as sources of inspiration for the further development of health psychology research and clinical applications.

Accreditatie is aangevraagd bij de NVvP, de FGzPt en de VSR

**In 2020 zijn de lezingen op 14-1, 11-2, 10-3, 14-4, 12-5, 9-6, 8-9, 13-10, 10-11 en 8-12**

Voor meer informatie: Alice Meijer, Stafsecretariaat psychiatrie, LUMC, Tst. (071-526) 3219, [www.jelgersmalezingen.nl](http://www.jelgersmalezingen.nl)

# Jelgersma Lezingen



**Prof. dr. G. Jelgersma was van 1899-1930 de eerste hoogleraar psychiatrie in Leiden. Hij heeft grote bijdragen geleverd aan de Nederlandse psychiatrie in het algemeen en de Leidse psychiatrie in het bijzonder. Daarom draagt deze serie wetenschappelijke bijeenkomsten zijn naam.**

