



Program day 1

Title: The dance of attachment, an EMDR relational approach.
Speaker: Deany Laliotis
Date: 21 & 22 June 2019
Location: van der Valk hotel - Hoogkerk
Telephone: 050-7502088
Website: www.psy-zo.nl

Subjects (*minimum 3*)

Therapeutic Alliance
Attunement and Resonance
Therapeutic Impasse and AIP Model
Working with Parts of Self

Learning goals (*minimum 3*)

- Identify and develop therapist attunement skills by tracking the moment to moment somatic experience, using the resonance between the therapist and client
- Understand therapeutic impasse through the AIP Model, and how to use the relationship between the therapist and client to facilitate movement in the work
- Identify and work with parts of self in and out of processing
- Identify memories for processing that inform the relational patterns that are problematic for the client in the context of their current relationships

09.00-09.30	arrival, coffee, registration etc.
09.30-10.00	welcome, introduction
10.00-11.00	Lecture part 1
11.00-11.15	Coffee-break
11.15-12.30	Lecture part 2
12.30-13.30	<i>Lunch break</i>
13.30-14.15	Discussion
14.15-15.00	Videotape review
15.00-15.15	Tea-break
15.15-16.45	Practice
16.45-17.00	Evaluation day 1
17.00	End of day 1

Program day 2

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Subjects (minimum 3)

Defensive affects versus core affects
Triangles of Experience (Self at best; Self at Worst)
Clinical Interweave Strategies
Defenses, Blocking Beliefs

Learning goals (minimum 3)

- Recognize the difference between core affective responses versus defensive affective responses both in ourselves as well as in our clients
- Effectively apply clinical interweave strategies (CIC) to facilitate reprocessing effects and generate adaptive actions in the future
- Apply specific clinical interweave strategies (CIC) to address fears and blocking beliefs

09.00-09.30	arrival, coffee, registration etc.
09.30-10.00	welcome, recap day 1
10.00-11.00	Lecture part 1
11.00-11.15	Coffee-break
11.15-12.30	Lecture part 2
12.30-13.30	<i>Lunch break</i>
13.30-14.15	Discussion
14.15-15.00	Videotape review
15.00-15.15	Tea-break
15.15-16.45	Practice
16.45-17.00	Evaluation day 2
17.00	End of day 2