

Tijdschema EFFT (basistraining- 4 daagse)

Datum: 26/9/2018 tem 29/9/2018

9u30 – 11u: Blok 1 (1,5u)

11u-11u15: Pauze

11u15 – 12u45u: blok 2 (1,5u)

12u45 – 14u: Pauze

14u – 15u30: blok 3 (1,5u)

15u30 – 15u45: Pauze

15u45 – 17u15: blok 4 (1,5u)