

Programma

Masterclass 'Breast Cancer Survivorship Care' nr. 1805291
EYE Filmmuseum, IJpromenade 1 te Amsterdam

Maandag 4 juni 2018

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| 09.30 uur | Ontvangst met koffie en thee |
| 10.00 uur | Understand the benefits of exercise as part of breast cancer rehabilitation
Kristin Campbell, PhD, physical therapist, associate professor in the Department of Physical Therapy at the University of British Columbia, Canada |
| 10.45 uur | Current evidence-based methods of exercise screening and testing to guide the development of safe and effective breast cancer specific exercise programs
Margaret McNeely, PhD, physical therapist, associate professor in the Department of Physical Therapy at the University of Alberta in Edmonton, Canada |
| 11.30 uur | Koffie en thee |
| 11.45 uur | Key considerations around exercise prescription and delivery across the cancer treatment trajectory (post-surgical, chemotherapy, radiation, hormonal therapy, post-treatment)
Kristin Campbell, PhD |
| 12.30 uur | Understand the role of breast cancer rehabilitation in the healthcare landscape
Margaret McNeely, PhD |
| 13.15 uur | Lunch |
| 14.00 uur | Research outcomes about which patients take part in exercise programs, why they take part (or why not), and what this may mean for exercise delivery
Martijn Stuiver, PhD, physical therapist and clinical epidemiologist at the Netherlands Cancer Institute, associate professor at the Faculty of Health, Amsterdam University of Applied Sciences, The Netherlands |
| 14.45 uur | Research findings explaining exercise behavior, intention and compliance to programs, in various cancer populations, and the translation of these findings to clinical practice, using cases
Martijn Stuiver, PhD |
| 15.30 uur | Koffie en thee |
| 15.45 uur | Complex and changing survivor presentation; adjusting treatment approaches as necessary, using cases
Kristin Campbell, Margaret McNeely, Martijn Stuiver |
| 16.30 uur | Exercise supervision / coaching beyond the exercise sessions in the PT practice; discussion about which other modes of exercise delivery and exercise motivation (including e-health) might be beneficial
Martijn Stuiver, PhD |
| 17.15 uur | Sluizing |