**Healthwise 1st Lustrum Conference**

*In collaboration with HANNN*

**Man Made Blue Zones: Healthy Ageing Together**

**3 April 2018**

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| 9:00-9:30 | Registration, coffee & tea |
| 9:30-9:45 | Welcome  |
| 9:45-11:00 | 9:45-10:30: Keynote 1 – Man Made Blue Zone? 10:30-11:00: Reflection (How did the situation in Northern Netherlands arise?)  |
| 11:00-11:15 | Break |
| 11:15-12:30 | Short reflections a. Physical activity b. Healthy diets c. Social engagement d. Life purpose e. Healthy living environment  |
| 12:30-13:30 | Lunch |
| 13:30-14:30 | Workshops (Man Made Blue Zone! | Public policy angle: bringing science and practice together)  |
|  | Session 1Physical activity | Session 2Healthy diet | Session 3Social engagement | Session 4Life purpose | Session 5aHealthy living environment(health inequalities) | Session 5bHealthy living environment(the built environment) |
| 14:30-14:45 | Break |
| 14:45-16:00 | 14:45 – 15:30: Keynote 2 – Man Made Blue Zone! 15:30 – 16:00: – Reflection (local reflection on what can be done)  |
| 16:00-16:45 | Plenary discussion – Man Made Blue Zone: Effective?  |
| 16.45 | Afsluiting  |
| 17.00  | Drinks |

Meer informatie over dit programma: <https://www.rug.nl/healthwise/calendar/lustrum-conference>