



Maurits de Ruiter

Maurits de Ruiter is resident in Oral and Maxillofacial Surgery at the Academic Medical Center Amsterdam with special interest in obstructive sleep apnea (OSA). He started his PhD in OSA in 2012 and the focus is on the oral appliances, the sleep position trainer and the maxillomandibular advancement (MMA). He completed his training in dentistry at the Radboud University of Nijmegen and medical school at the University of Amsterdam. He currently is a member of the daily board of the NVTS.



Lecture

Assessment of Success and Failure after Maxillomandibular Advancement for Patients with Obstructive Sleep Apnea

- MMA treatment for patients with OSA is highly effective
- Quality of life after successful MMA is close to reference population
- Aesthetic outcome before and after MMA showed no significant difference
- Age and neck circumference are important factors for surgical success
- Adequate patient selection is critical