



Francesca Milano

Francesca Milano works in the field of Dental Sleep Medicine since 2002, when her degree thesis became the start of a long collaboration with several Sleep Medicine Centers. After that time, many patients have been successfully treated with mandibular advancement devices (MADs) and scientific articles have been published. Now she has collaborate in sleep apnea research with Ferrara University and Parma University. She is a Board Member of the European Academy of Dental Sleep Medicine and of the Italian and the European Academy of Dental Sleep Medicine.



Lecture

Overview of current MADs and a step towards the Personalization according to the patient characteristics

- Definition of an effective oral appliance for the treatment of obstructive sleep apnea and snoring
- Available coupling mechanisms
- Freedom for vertical movements
- Freedom for lateral movements
- Influence of vertical mouth opening