

**rTMS Training course:**

**rTMS in Depression, OCD and new Developments**

Presenters: Dr. Martijn Arns, Dr. Kerstin Mayer & drs. Vera Kruiver

Day 1: Thursday

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| 9.15-9.30 hr. | Welcome and introduction |
| 9.30-11.00 hr. | rTMS Background: Physics, history, equipment, parameters and safety |
| 11.00-11.15 hr. | Coffee Break |
| 11.15-12.30 hr. | rTMS in depression and OCD: Past and Present |
| 12.30-13.30 hr. | Lunch |
| 13.30-15.00 hr. | rTMS and other treatments in Depression |
| 15.00-16.00 hr. | Group 1: Hands-on rTMS: Practice finding MT  Group 2: Hands-on actigraphy and sleep assessments |
| 16.00-16.30 hr. | Coffee break |
| 16.30-17.45 hr. | Group 1: Hands-on actigraphy and sleep assessments Group 2: Hands-on rTMS: Practice finding MT |
| 17.45 hr. | Review, questions and closing of the day |

Day 2: Friday

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| 9.15-9.30 hr. | Evaluation previous day |
| 9.30-11.30 hr. | Combined rTMS and Psychotherapy I: Vera Kruiver |
| 11.30-11.45 hr. | Coffee Break |
| 11.45-12.30 hr. | Combined rTMS and Psychotherapy II: Vera Kruiver |
| 12.30-13.30 hr. | Lunch |
| 13.30-14.00 hr. | rTMS in Tinnitus, Parkinson’s and other disorders |
| 14.00-14.30 hr. | Review of other Neuromodulation techniques |
| 14.30-15.30 hr. | Personalizing and optimizing rTMS treatment and use of EEG |
| 15.30-16.00 hr. | Coffee break |
| 16.00-16.45 hr. | Group 1: Hands-on rTMS: Depression and OCD Protocol Group 2: Hands-on actigraphy sleep scoring |
| 16.45-17.30 hr. | Group 1: Hands-on actigraphy sleep scoring  Group 2: Hands-on rTMS: Depression and OCD Protocol |
| 17.30 hr. | Review, questions and closing of the day |